

March 30, 2020

An Important Message to Albertans from Your Family Physicians

Dear Albertans:

Your family physician is still here for you!

In this COVID-19 pandemic, there are excellent, authoritative sources of information for Albertans who think they may be suffering from the virus.

- If you have symptoms, use the self-assessment tool to determine if you require testing and should call 811: <https://myhealth.alberta.ca/Journey/COVID-19/Pages/Assessment.aspx>
- We can all do our part to prevent the spread by staying home as much as possible and maintaining physical distancing if you find it necessary to go out. If you are a returning traveller from out of country, you must stay home. If you need information about precautions and restrictions, please visit: <https://www.alberta.ca/coronavirus-info-for-albertans.aspx> for all the facts and updates.

We know, though, that there is more to your health care than COVID-19. The family physicians of this province are open for business and ready to support you for your ongoing or new health questions and concerns. There are lots of ways we can work with you safely and effectively, including virtually if you must quarantine, e.g., as a returning traveller. If you do not need to be in isolation or quarantine and an in-person visit is required, that can be managed, too. Please call your doctor's office before you visit.

If you need your family doctor, don't hesitate. Call your doctor's office if you need help or advice, or if a virtual or in-person appointment is needed. Don't wait. We are open and we are ready and able to care for you.

Sincerely,



Dr. Craig Hodgson
President, AMA Section of Family Medicine



Dr. Ed Aasman
President, AMA Section of Rural Medicine



Dr. Christine Molnar
President, Alberta Medical Association